

Brain Break Songs

Rhythms

“Fish and chips”
“Dustpan”
“1 bottle of pop”
“Leo the lion”
“BINGO”
“Grand old Duke”

Calendar

“Hi Ho it’s off to work we go”
“Days of the week”
“Today is_____”
“What will the weather be today”

Transitions

“ABC’s”
“Head shoulders knees and toes”
“Do as I’m doing”
“If you’re happy and you know it”
“two little blackbirds”

Counts

“10 little Indians”
“5 little frogs”
“5 little monkeys”
“5 little ducks”
“This old man”

Colors

“Scat the cat”
“Little yellow thing”